

# Baked Brown Rice

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Prep Time: 5 min

Inactive Prep Time: hr min

Cook Time: 1 hr 5 min

Level: Easy

Serves: 6 1/2 cup servings

## Ingredients

- 1 1/2 cups brown rice, medium or short grain
- 3 cups homemade broth or water
- 1 bay leaf
- 1 tablespoon unsalted butter or olive oil
- 1 teaspoon kosher salt

## Directions

Preheat the oven to 375 degrees F.

Place the rice into an 8-inch square glass baking dish.

Bring the broth or water, butter, and salt just to a boil in the microwave, a covered saucepan, or a kettle. Once the liquid boils, pour it over the rice, stir to combine, and cover the dish tightly with a lid or heavy-duty aluminum foil. Bake on the middle rack of the oven for 1 hour.

After 1 hour, remove cover and fluff the rice with a fork. Serve immediately.

Be creative: For different flavors, add herbs or spices, lightly sautéed onion, celery, mushrooms, whatever suits your fancy!

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